



THE OLDE GOAT

Ibex Ski & Snowboard Club

Meets the first and third Wednesday of each month at:

Crave

1204 W. Rand Road

Arlington Heights, IL

VOL. XLIV NO. X

February 2007

November Meetings
Wednesday, Feb 7
Wednesday, Feb 21

Location: Crave
1204 W. Rand Road
Arlington Heights, IL

Brews 'N Schmooze Hour: 7:00PM
Meeting Time: 8:00 PM Promptly

MOONS MUSINGS

The Bears are going to the **SUPER BOWL** for the first time in 21 years. The hype is building as the Bears and Colts arrive in South FL. But then again, I guess you should be a fan for the excitement to mean anything to you. I was talking to a friend this weekend, from Waterloo, IA. Seems the Cable Company and CBS have a disagreement about fees collected, so CBS has pulled programming from the cable company so the entire Northeast section of Iowa will not be able to view the Super Bowl unless they have direct TV or, for Gods sake go to a bar. It's all about the money. I read the Tribune stories about all the silly questions asked the players and coaches during media day in Miami, so the above is my Super Bowl silliness.

The February issue of SKI Magazine featured an article about Sun Valley.

Here is part of what they said about our spring trip destination.

Located in south-central Idaho, Ketchum was settled in the 1880's. The once rough-around the edges mining and ranching town now shelters mountain related industries, including Baldy Mountain, Scott, and Icebreaker industries, plus a profusion of urban quality restaurants and galleries along side its cowboy bars. As for the skiing, after all that's what we are going for, the little known steeps and tree skiing, located mainly in the lower bowls but also off ridgelines like *Steilhang* are open for great runs. The article continues with a story about classic trails including *Exhibition*. The run opened over 60 years ago, and while the lifts have changed, little else has. *Exhibition's* unrelenting steepness still makes it one of America's most formidable mogul runs. I have been skiing Sun Valley for several years and agree the mountain is an outstanding destination resort.

While the flight times are not ideal, CSMC and Teri Kenny are doing the best job they can with the flight schedules

available. **We have 5 spots available for Sun Valley.** It should be an easy step from the **Bears** band wagon to the Sun Valley ski wagon. Remember, it is better to be on either of the two previously mentioned wagons, than being "on the wagon."

Jean Bagel has an article elsewhere in the newsletter talking about elections.....think about offering your time and talents to being an office in your ski club. We need you and your ideas.

Don't forget to mark your calendars; the Ibex Ski Club Annual Banquet is Saturday night April 21st at Hackney's Located in Lake Zurich, IL. See you on the slopes

In This Issue

Moon's Mussings	1
Elections	2
Activities	3
Chile Cook Off	3
Big Mtn recap	4
Chicago Indoor Racing	5
Scuba News	5
Cortina mini recap	4
Membership	5
Getting Kids Ready	6
February Calendar	7
Ibex Trips	7
Get to Know Us Party	7

Craig
GO BEARS



Hey Ho Let's Go!

Ibex Elections are coming!

Contact Jean Bagel for any information regarding elections.
jeanbagel@comcast.net 847.436.6876

I think you like the Ibex Ski/Snowboard Club; you are receiving and reading this. The club has been structured to virtually run itself, thanks to our predecessors. **However, we still need people like you to get things done.**

I have been a member for over 10 years. I chose to get involved and it has been great. My involvement in Ibex has afforded me at least 20 new, great friends. Not acquaintances, friends, we have skied, partied, worked on club matters, and laughed more than human beings deserve!

This club is over 40 years old. Ibex provides great trips and activities at good prices and with great amenities. Face it, all the trip/activity participant has to do is write a check and show up for a great time.

However, people need to step up and volunteer to keep things rolling. I have talked to most all of you. Great bunch of people. Everyone has a ton to offer in leadership to your Club.

Now is the time to take the leap and get involved with the Club's future.

The Ibex year commences May 1st. Elections are April 4th. Nominations for positions will be at the 3/7 & 3/21 meetings.

In this publication there are job descriptions and prerequisites for all of the elected positions, and the description of the election process from the Ibex Constitution. See our website www.skiibex.com for the entire Constitution.

Trip Chairman is a 2-year position. Patrice is completing her second year. Positions to be elected are: President, Activities, Membership, Secretary, Treasurer, Trip Chairman, and two Board of Director positions.

Everyone has something to offer. Things are great now, but fresh ideas will keep things great in the future. Go for it, take the leap to become more involved and make a difference.

Please contact me with your intent to seek a position or any questions.

Later,

Bagel

ARTICLE III – Officers, Duties and Term of Office of the Executive Board

Section 1: Duties

- Plans and executes all skiing, snowboarding and social activities.
- May create or eliminate appointed position(s) to meet operating requirements that are beyond the scope of elected officers and will establish a Policy describing the duties, responsibilities and accountabilities of any appointed position(s) and remove any policies for appointed positions that are eliminated.

Section 2: Composition

- Comprised of members elected from the general membership and shall have the following Officers;
 - President
 - First Vice-President - Trips
 - Second Vice-President – Membership
 - Third Vice-President – Activities
 - Treasurer
 - Secretary

Section 3: Term of Office

- The President, the Second Vice-President (Membership), Third Vice-President (Activities), Treasurer and Secretary shall serve one year.
- First Vice-President (Trips) shall serve two years.
- Any elected official may run for office.

Section 4: Duties of the President

- Responsible for the successful execution of all Club skiing, snowboarding and social activities through the Officers of the Executive Board.
- Responsible for issuing an annual operating budget within 45 days of the beginning of each fiscal year that shall begin May 1.
- Presides at all meetings of the general membership and the Executive Board.
- Authorized signature on the Club checking and savings accounts.

Section 5: Duties of the First Vice-President (Trips)

- Responsible for the research, planning, pricing, marketing, execution, and profitability of all ski trips.
- Responsible for recruiting, selecting and training of trip leaders.
- Appoint an assistant.
- Presides at General Meetings in the absence of the President.
- Authorized signature on the Club checking account.

Section 6: Duties of the Second Vice-President (Membership)

- Responsible for collection of dues.
- Maintains Club membership files.
- Responsible for planning and execution of all member recruitment and retention activities.
- Appoint an assistant.
- Presides at General Meetings in the absence of the President and the First Vice-President.

Section 7: Duties of the Third Vice-President (Activities)

- Responsible for the research, planning, pricing, marketing, execution and profitability of all social activities.
- Will assure that all equipment used in social activities is maintained and accounted for.
- Appoint an assistant.

Section 8: Duties of the Treasurer

- Will maintain the Club checking and savings accounts.
- Will assure timely deposit of all monies received.
- Issue checks to service providers and Club members for expenses incurred in performing duties for the Club according to Policy.
- Will prepare quarterly reports on the financial status of the Club for distribution to the Executive Board, the Board of Directors and to the General Body upon request.
- Is an authorized signatory on the Club checking and savings accounts.
- Appoint an assistant.

Section 9: Duties of the Secretary

- Will record minutes at all Executive Board and General Meetings and maintain a file of said minutes.
- Responsible for the publication of the Club newsletter.
- Appoint an assistant.

ARTICLE IV – Executive Board Election Procedures

Section 1: Qualifications for Executive Board Officer

- Must be an active member of the Club.
- Each candidate for President must be an active member for a minimum of two years.

Section 2: Elections

- Nominations will be held during the two General meetings prior to the election.
- Nominations will be taken from the floor at the general meeting.
- Elections will be held the first meeting in April.
- Officers shall be elected by the majority of members who vote an official ballot.

Section 3: Vacancies

- Vacancies on the Executive Board will be filled by appointment by the Board of Directors. All such appointments shall require a 2/3 majority of the entire Board of Directors.

February Activities

February 2	BOM	The Assembly
February 3	Get to know us Party, Wilmot	David Toy
February 4	Super Bowl	GO BEARS!!!!
February 7	Games night, 6:30	Mark Westlund
February 17	CHICAGO INDOOR RACING	Mark Westlund

Looking Ahead...

March 3	Howl at the Moon	Craig Moon
March 10	Chili Cookoff	Joe Davis
March 17	Saturday St. Pats Day BOM	Durty Nellies
April 21	Ibex Annual Banquet	Mindy Parry

Games Night is held at 6:30 on the first Wednesday of each month

The Assembly: February 2nd, Bar of the Month

Bar of the Month is a great, informal way of getting together for a few drinks, dinner if you like, and get to know the people you will be traveling with to Iowa, Crested Butte or Sun Valley or catch up and tell stories about Big Mountain or Cortina. For anyone that has not visited The Assembly, it is a great bar in an easy location! They cook up one of the best burgers around in the center of a large U shaped bar.

Chili Cookoff Saturday: March 10th

Joe Davis has once again graciously agreed to host the annual Chili Cookoff at his house! So brush off you favorite chili recipe (or try to find a new, unique recipe) and come join us for some hot-n-spicy fun! As in the past, if you're bringing chili, then you're a value, no fee attendee! If you're not culinarily inclined, then you're still a valued participant; albeit a paying one: 8\$ if you're paying in advance and 10\$ at the door. Included in your fee: beer, wine, soda, some of the best, hair raisin' chili concoctions this side o' the mesa!

Save the Date!!!

Ibex Annual Banquet: Saturday, April 21st

It is getting near that time again! We are currently one third of the way though the 2007 ski season and the EB is looking forward so you don't have to!! Just ski your heart out!! So as you are out on the slopes this season, don't forget the slide show...take lots of photos! And we are always taking note of the funny things our fellow Ibexers are doing or saying, and it is usually not planned, so keep an eye out!

We will once again be having our banquet at the Lake Zurich Hackney's, 6PM, Saturday April 21st. We are still working out the exact details, but you can bet there will be beer flowing, music playing and if you're lucky, you're name will not be mentioned as doing something too silly!!

Mindy

IbexActivities@SkiIbex.com

ANNUAL CHILI COOK OFF

When: Saturday – March 10th
Where: Joe Davis' house
 699 Crystal Court
 Schaumburg, IL
Directions: Maps will be available at the meetings
 House is two blocks west of Fox Run
 golf course
 Call 847.985.1699 for further directions
Time: 7:00p – midnight
Cost: **FREE** to the cooks!!
 (maximum ten cooks please)
 \$8 if paying in advance (strongly
 encouraged to ensure appropriate
 amounts of beverages)
 \$10 at the door

Highlights: Prizes for each category:
 ? Hot-test
 ? Most Spicy
 ? What is it?
 ... just to name a few

Drinks Provided: Beer, Wine & Pop!
Food: Snacks and chili-toppings
 (cheese, onions, sour cream, etc)
Music: Feel free to bring good tunes!!

Note: donations of desserts are always appreciated!!!
Please let Joe know if you'll be attending so he knows how much beverages and snacks to buy!!!

Questions??? Call Joe Davis @ 847.985.1699 (home) or 847.357.4233 (work)

JOE DAVIS

New Year's at Big Mountain Recap



On Wednesday, December 27th, 31 old and new Ibex (including 2 Stu Bs), led by Jean Bagel, headed to the Grouse Mountain Lodge and Big Mountain in Whitefish, Montana. NWA had boarding passes and baggage tags preprinted to make check-in a breeze. Dean and Kris F. were happy to see Patty's smiling face on another trip. And even happier that they didn't have to rescue her again. The flights went smoothly with a celeb siting of Mark Suppelsa joining us in coach. Upon arrival, numerous Ibex imbibed to the wee hours at the GML bar. The only casualties were Jan O.'s coat and boot bag which didn't arrive with us. Luckily, Jan O.'s luck changed later in the week in the football pool.

The skiing started off great with Lou finding a new ski buddy in Stu Boba. Lou and Stu, who knew?! But for something completely different, a group of the ladies enjoyed the mountain tour, getting up close and personal with The Larch. Or was that Patrice performing the falling leaf?

The group dinner was Thursday night at Mambo Italiano. Dinner started with baskets and baskets of warm garlic bread. Breath mints for everyone! Good food, drink, conversation, and laughter was shared by all, but Terry needed to invest in another pair of pants. Seems they could only handle so many stretches climbing in and out of the booth.

Everyone got into the ski action on Friday with Stu Blades and Chis R. triumphantly celebrating a successful wipe-out free run down the bunny hill. Stu on skis for the first time ever and Chris on snowboard. Unfortunately, Stu's new found love of skiing was cut short by the flu. John and Mike also succumbed along with a number of hotel guests. Luckily their roommates, Jerry D., Chris D., Caroline, and Patty remained bug free and courageously faced the mountain, apres ski, hot tub, dinner, and bars without their loved ones. Truly an inspiration in the face of adversity.

Bulldog's was a favorite watering hole throughout the week. Mark, Lou, and Terry tried their luck at the big money poker table in the back, only to discover that Cindy was the real card shark. However, Bulldogs was also a favorite among most of the Whitefish residents, making it a very long first stop on the pub crawl. The food was good but not worth a two hour wait. Jean and Cindy had everyone's mouths watering over their 15 minute sushi run. But in true Ibex spirit, everyone made the best of the wait with many trips to the bathrooms to view the scenery. The smoke free pub crawl was enjoyed by all.

There was a slight glitch in the hotel's mountain transportation. Luckily, Jean was able to convince the hotel that Ibex's dedicated skiers needed their own school bus for transportation. An observant Craig noticed that the bus was equipped with two Bodily Fluids Clean Up Kits. Jean assured him that she was a trained professional in their use should the need arise. The bus allowed all Ibex to arrive and depart the mountain together, even when only 12 showed for the 8:30am departure the morning after the pub crawl.

Ken, Debbie, Donna, and Jan took a drive to Glacier National Park for wildlife viewing. Their sighting of a snowman with a dead fish was captured by a reporter for the local paper. Supposedly Ken also had a spectacular Kodak moment but paid great hush money to keep the moment from the banquet slide show.

New Years Eve was a relaxed affair. Most Ibex enjoyed dinner and drinks at the hotel restaurant while watching our Super Bowl bound Bears allow Brett Favre to win one last game. The party continued with dancing to a Louisiana band and party favors that almost got Denise and Stu Boba tossed from the party.

28 Ibex were up bright and early New Years Day to catch their flight to O'Hare. Paula, Patty, and Stu Blades were able to sleep in because of a scheduling overload that put them on a later flight. Alas, the early flight was delayed causing the group to miss their connection, scattering Ibex across several flights. The late group was dismayed to meet up with the early group in Minneapolis. Everyone's earlier kudos for NWA were quickly taken back. But all Ibex made it back to Chicago that night and separated luggage was delivered the next day. An eventful end to a terrific trip.

Patty



CHICAGO
INDOOR RACING

Join IBEX as we challenge another ski club for
a fun night of Chicago Indoor Racing

Experience
the adrenaline rush

At 3:00pm on Feb 17th , with dinner and drinks immediately following. Each person will participate in three races . From these races we will determine the top racers from each club team and then race off. The Racing will cost \$80.00 per person, which does not include dinner and drinks afterwards. The event will be limited to 15 person per club, so sign up early and often.

The Grand Prix format gives everyone an opportunity to experience a competition.

Each guest will experience the following:

A Pre-Race Driver's Meeting featuring private detailed instruction on the track, the karts, and safety information.

- * Three Heat races, starting from different grid positions.
- * Points will be awarded based on finishing position in each heat.
- * The top 4 to 5 Drivers per club will progress to the Final Championship Race, with grid order being determined by the points scored during the heats.

For directions and any additional information: <http://www.chicagoindoorracing.com>

Mark Westlund

(847) 998- 1495



Scuba News

BELIZE – March 17 to 25

Spend a week diving Lighthouse & Turneffe Reefs from the floating hotel. The Nekton is known for no seasickness.

LITTLE CAYMAN – April 24 to May 2

Bloody Bay Wall has some of the best diving I have ever done. The hotel food is unbelievably good.

BONAIRE – November ?????

Bonaire has excellent, easy diving.



Cindy Warta

847-394-8805 IbexScuba@Skilbex.com

Cortina Mini Summary

Seven Ibex returned Saturday evening while the 15 remaining went to Florence. A more updated article will appear in the next newsletter so that we can share the whole story. Thankfully, no Broken Crutches but there are a number of possible Goatees! The snow was not great the first two days but then we got dumped on (by snow that is)! We also "discovered" another great ski area called Kronplatz. It was bigger than Copper or Vail and had runs that were miles long!

We were able to catch the Bears game at a local bar called The Clipper. The DJ played "We are the Champions" for us at the end of the game. A few people from the Trenton, NJ ski club joined us and I think we amused the locals at how wild we get with American football.

More to come in next month's newsletter. Ciao for now and GO BEARS!

Sarah

Please welcome these new members:

Deb Kowalewski
Todd Wood

February birthday wishes to:

Todd Wood	06	Jeff Smith	22
Kris Foster	09	Paru Norley	23
Jerry Dvoracek	13	Ed Masopust	23
Faulds Orchard	13	Donna Todd	26
Kent Lessen	17	Michelle Moran	27
Horacio Baggio	20	Pat Blome	29
Debbie Dukes	20	Glen Chiechi	29
John Kadlec	22		

Membership for 2006-2007

(thru November):

154

Dave

IbexMembership@skilbex.com

Getting Kids Ready for Ski Season

By Michelle Moran , PSIA Certified Ski Instructor.

Now that we finally have snow worthy of skiing on, and the slopes here in the Midwest are covered, it's time to get the kids ready for an active, fun filled ski season!

Children instruction is fundamentally similar to teaching any other age skier, but there are some special considerations when selecting an instructor, and program for your child. Kids develop at different rates, and their cognitive and physical development follows general guidelines, but each child is truly unique. Similar to talking, and crawling, each child will progress at their own pace, when they are ready. Find a program, and instructor that is experienced in teaching kids, and has a program that is based on good ol' FUN and allows your new skier to progress at their own pace!

If siblings are involved you'll have to contend with rivalry in skiing ability and progression. I had one lesson years ago where two brothers, 13 years old, and 10 years old started out in the "never-ever's" group, those kids that have never participated in any snow sports. The older brother was used to always "winning" over his younger brother. In this case, the younger brother grasped the sport and quickly (and proudly) progressed beyond his older brother. For the younger brother this was a moment to live in infamy...for the older brother it was humiliation. Of course this was made worse by "Dad" on the sidelines "encouraging" his older son by yelling "are you going to let your younger brother beat you?!" I'm assuming this was meant to be motivating, but the effect was quite the obvious. The 13 year old threw off his skis, and proclaimed, "I can't do this...I'm FINISHED".

After quite a bit of coaxing, and banning the father from the teaching area, we were able to get the 13 year old back in the game. I reminded him that learning is not a race, and it's supposed to be fun. Just have a good time, and the rest will come. I promised him that if he still hated it at the end of the 2-hour lesson, he would never have to come back. After another 10 times on the rope tow, and lots of games with some of the other kids he was finally ready, and we made it up the chair lift. What happened then? Pride. He told me, I love skiing...I really can do this.

The morale of this story . . . if it's not fun, why would you do it?! So you and your significant other are ripping down the slopes, and want your kid to be the future Peek A Boo Street. What is a snow loving parent to do?

Following are some tips to start off a fun ski season for you and your ski-wees.

- 1) Gear. Kids grow quickly, and equipment is costly to replace. First point...rent your kids equipment for the season. Do those boots from last year still fit? Do not try and squeeze another season out of that purchase if they don't fit. To tell if you have a good fit, pull the liner out of the boot. Have your child put on their ski socks (remember - one pair of ski socks) and put their foot into the liner. Flex the knee, and the fit should be such that the toes are just barely touching the end of the liner. Next, put their foot into the hard shell of the boot (no liner). There should be enough room to insert two fingers between the heel of the hard shell and their foot. The fit of the foot is not only the only important consideration. Reassemble the boot, and buckle up. If you have to use any leverage to close the buckles, the boots are too tight. The buckle should be secure, but not so tight that you are cutting off circulation. Leave the boots on for a while, and throw in a good ski video. Assure that the boots are fine over time. Also, Skis. Are you trying to use their older siblings LONG skis? Don't. A short ski is better for learning than a longer ski. A long ski will be frustrating for a new skier, and will hamper learning.
- 2) Clothing. Socks should be wool, or a material that will wick sweat. Never use Cotton socks as they will get wet, and are guaranteed to result in cold feet. And....ONE PAIR OF SOCKS! Two just get bunched up, and cause sore spots on the feet. Remember to layer clothes, and have a loose fit for easy movement. Assure that you have a good pair of water resistant pants, and gloves. Kids that are learning spend lots of time sitting, or rolling around in the snow. A helmet is also a very good idea....and leave the scarf home. They just get caught in the chair lift.
- 3) Ski School. Never try and teach your own child. Many a parent (including Ski Instructor Parents) has learned this important point. Kids learn better in a "class" environment by a trainer professional. The classes should be fun, and should improve your child's confidence in their abilities.
- 4) Attitude. If it's not fun, and they are not comfortable in their clothing and equipment they will not develop a love of the sport. Don't try and get that last 10 bucks out of your lift ticket. If they are cold, and aggravated, take a hot cocoa break and try again when they warm up. Encourage, and encourage!

Hope that these points helped for an enjoyable ski season for the entire family! Cheers!

Michelle

February 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 BOM The Assembly	3 Get to Know us Party
4 Super Bowl Go Bears!	5	6	7 Games Night Ibex Meeting	8	9	10
11	12	13	14	15	16	17 Chicago Indoor Racing
18	19	20	21 Ibex Meeting	22	23	24
25	26	27	28			



TRIPS 2007

NEW YEARS - BIG MOUNTAIN, MONTANA \$999 taking WAITLISTS
 WED 12-27-06 through MON 1-1-07 Grouse Mountain Lodge hotel, 3 days Lift, .
 AIR: Northwest thru MSP to Kalispell: OUT 6PM 10:53PM/ RETURN 8:50AM 2:31PM

CORTINA d'AMPEZZO ITALY **\$1500**
 w/ 4 DAY, 3 NIGHT EXTENSION to FLORENCE \$1835
 FRI 1-19 through SAT 1-27 Parc Victoria hotel, Ground Transfers, Breakfast & Dinner daily / AIR: Lufthansa thru MUC to Venice: OUT 4:35PM 12:20PM/ RETURN 9AM/ 2PM. EXTENSION: SAT 1-27 through TUE 1-30 Hotel Cavour in Florence, 1/2 day guided city tour, breakfast daily

MIDWEST: SUNDOWN & CHESTNUT **\$180**
 FRI 2-09 through SUN 2-11 0-1 vacation days needed
 DRIVE trip to Iowa
 Two nights Holiday Inn Dubuque, 2 days Lift, Buffet Breakfast, Pizza party

CRESTED BUTTE, CO — *Limited Availability* **\$1030**
 THU 2-22 through TUE 2-27 Grand Lodge hotel, 4 days Lift, Ground Transfers, Breakfast
 AIR: AMERICAN thru DFW to Gunnison: OUT 8:30A 1:16P/ RETURN 2:05P 8:23P

SPRING in SUN VALLEY, IDAHO **\$1335**
 SAT 3-24 through SAT 3-31 In conjunction with Chicago Metro Ski Council—
 CMSC CHICAGO WEEK Lodge Apt Condos, 6 days Lift, Ground Transfers, Racing, MANY social events. AIR on ALASKA thru SEA to BOISE: OUT 8:15A 4:55P/ RETURN 9:30A 4:59P

EXECUTIVE BOARD MEMBERS

President

Craig Moon (630) 579-8670

Trip Chairperson

Patrice Conaway (847) 749-1946

Assistant Sarah Schmeichel (847) 592-7263

Membership Chairman

David Toy (847) 638-2202

Activities Chairwoman

Mindy Parry (847) 309-0214

Secretary

Ed Bendickson (847) 223-2871

Assistant Diana Clarke (847) 255-8155

Treasurer

Lou DiFrancisco (847) 341-4583

Assistant Joe Davis (847) 985-1699

Thank you for your help with this mailer:

Cindy, David, Patty, Mindy, Patrice, Mark, Bob
Michelle, Joe, Sarah, Bill, Craig, Paul, Jean, Diana, Sue

Ed Bendickson

Secretary IbexNewsletter@Skilbex.com

When life brings changes ...

Help us keep our records up to date. When life brings changes to your life, please fill out this form and either bring it to a meeting or mail it to:

**Membership Chairman Ibex Ski & Snowboard Club
P.O. Box 1542, Palatine, IL 60078**

Or e-mail the information to:

IbexMembership@Skilbex.com

Name: _____

Street address: _____

City, state, zip: _____

E-mail: _____

Home phone: _____

Work phone: _____

Cell phone: _____

2006-07 Membership Rates

	E-mail	Paper
Single	\$20	\$30
Couple/Family	\$35	\$45

IBEX Ski & Snowboard Club

P.O. Box 1542

Palatine, IL 60078

First Class Mail

Check out the IBEX web site

www.Skilbex.com

Email: IbexMembership@Skilbex.com